



The Arc of Greater Houston's

Resource Guide for Special Needs

Local, State & National Resources

The Arc promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetime.

ACHIEVE WITH US

www.aogh.org

*This guide is for informational purposes only.
None of the listings contained herein should be considered as recommendations
on the part of The Arc of Greater Houston Chapter*

What The Arc Stands for:

The Arc of Greater Houston Chapter is a 501 (c) (3) nonprofit organization formed in 1984. We exist to help ensure that all children and adults with intellectual and all other related developmental disabilities are valued and included, **not excluded because they are different.**

Our goal is to provide the supports that will allow all children with intellectual and developmental disabilities to have the **same experiences that all children should have as they grow up.**

The Arc serves as the **voice of all those who cannot speak for themselves**, but who just want to live in and be part of their own community.

The Arc works hard **to respond to the real-life needs** of every child and every family who experiences an intellectual and any other related disabilities.

The Arc works for the right of every child and adult with special needs to receive the behavioral supports necessary to be fully included in the community.

The Arc of Greater Houston

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Contents

Local Resources for the Greater Houston Area.....	6
Disability Information and Support Groups	6
All Disabilities/All Special Needs Services & Parent Support Groups	6
Attention Deficit Disorder/ADHD	7
Autism/Asperger Syndrome	7
Blind/ Vision Impaired	9
Cerebral Palsy	9
Deaf / Hearing Impairment.....	9
Down Syndrome.....	10
Epilepsy.....	10
Fetal Alcohol Spectrum Disorders.....	10
Intellectual Disability	10
Language / Speech Impairment	11
Learning Disabilities.....	11
Mental Illness	11
Muscular Dystrophy	12
Tourette Syndrome.....	12
Adaptive/Assistive Technology (AT)	12
Child Care.....	13
Education (See also Legal Issues)	13
Educational Advocacy and Law: Free Services.....	13
Education Attorneys for hire.....	14
Education Advocates/Private Sector, Fee Based (Not Attorneys)	14
Educational Assessment and Testing (for Public School Special Education Diagnostic Requirements)	15
Private School Options	16
Other Education Resources	17
Employment/ Day Habilitation (see also Transition Services)	17
Guardianship Information and Assistance	19
Attorneys	19
Non-Attorney Guardianship and Estate Planning Assistance	19
Housing and Home Modification/Accessibility.....	19
Legal Issues (See also Educational Advocacy & Law, Guardianship & Estate Planning).....	20
Medical Equipment.....	20
Respite.....	21
Local/State Agencies and Nonprofit Organizations That Provide Respite.....	21
Social & Leisure	21
Transition	22
Treatment Services (Behavioral and Medical)	22
Transportation/ Accessible Transportation	24
Other Need Support- General, not specifically disability related	24

*This guide is for informational purposes only.
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Basic Needs Support	24
Crisis Services.....	24
General Childhood.....	26
General Cultural Health Care Resources	26
State Resources for Texas	27
General Information and Support	27
All Disabilities/All Special Needs Inclusive Services & Information	27
Specific Types of Disability Services and Information	28
Autism	28
Blind and Visually Impaired.....	28
Brain Injury	28
Deaf and Hearing Impairment.....	29
Epilepsy.....	29
Fetal Alcohol Spectrum Disorders.....	29
Intellectual Disabilities	29
Learning Disabilities.....	29
Mental Illness	29
Assistive/Adaptive Technology	30
Child Care.....	30
Education.....	30
Educational Advocacy and Law	30
Employment and Day Habilitation.....	31
Financial Assistance	32
Waiver Programs.....	32
Guardianship and Estate Planning.....	33
General Social and Government Issues	33
Legal Issues (also see Educational Advocacy, Guardianship)	33
Medical Services, Equipment	34
Social & Leisure	34
Transition (see also Employment and Day Habilitation).....	34
Treatment (Medical & Behavioral)	35
National Resources	36
General Information & Support (1st by all disability applicable services, 2 nd by type of disability applicable service).....	36
All Disabilities/All Special Needs Information and Services	36
Specific Disabilities Information and Services.....	37
ADD/ADHD.....	37
Autism, Asperger Syndrome, & PDD	37
Blind and Visual Impairment	38
Brain Injury	38
Cerebral Palsy	38
Down Syndrome.....	39
Dyslexia.....	39
Epilepsy.....	39

*This guide is for informational purposes only.
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Fetal Alcohol Syndrome.....	39
Fragile X Syndrome.....	40
Intellectual Disabilities.....	40
Learning Disorders.....	40
Mental Illness.....	41
Muscular Dystrophy.....	41
Prader-Willi Syndrome.....	42
Rett Syndrome.....	42
Tourette Syndrome.....	42
Williams Syndrome.....	42
Assistive Technology.....	42
Caregiver Support.....	43
Child Care.....	43
Education.....	43
Support for Educators and Parents.....	43
Educational Advocacy & Law.....	44
Employment.....	45
Financial Needs.....	46
Housing Accessibility & Home Modification.....	46
Legal Issues (also see Educational Advocacy & Law).....	46
Respite.....	47
Self-Advocacy.....	47
Social & Leisure.....	47
Transition.....	47
Travel (Accessible).....	48
Treatment Services (Behavioral and Medical).....	48
Other Need Support- General, not specifically disability related.....	49
All Assistance: Generic General.....	49
Crisis & Disaster Preparedness.....	49

Local Resources for the Greater Houston Area

Disability Information and Support Groups

All Disabilities/All Special Needs Services & Parent Support Groups

<p>The Arc of Greater Houston - Greater Houston areas Social, leisure and respite programs for individuals with intellectual and developmental disabilities. General disability needs referral and information services. Supports Familias Hispanas support group. http://www.aogh.org/</p>	713-957-1600
<p>Safe Diversity Communities helps students with unique abilities on the high school level transition from high school to college. It also provides needed resources for parents and family members. Additionally, the ambassador sector of SDC provides college scholarships (funded by sponsorships) to graduating and college level students https://www.safediversity.org/</p>	832-654-2737
<p>Early Childhood Intervention Local area early childhood (ages 0-3) intervention services run by the Texas Health and Human services). https://hhs.texas.gov/about-hhs/find-us</p>	
<p>Easter Seals Disability Services - Central Provides respite services and activities for children with all types of disabilities and employment assistance for adults with disabilities. http://www.eastersealshouston.org</p>	713-838-9050
<p>Exceptional Parents of Little Angels - Pasadena Parent run support group that meets monthly at the Verne Cox Center. Meets September through May. http://www.epolausa.org</p>	281-464-3799
<p>Families Can Program – Parent Education Project - Central For families of children with chronic illness and or/ medical or physical disabilities. Family support partners provide services that will enhance the family's quality of life and promote community inclusion. http://www.coe.uh.edu/pep/</p>	713-743-5491
<p>Family to Family Network – Greater Houston areas Parent-led in formation, referral, education, and support groups for families with children who have disabilities. Guided transition programs for families of children leaving high school. http://www.familytofamilynetwork.org/</p>	713-466-6304
<p>Friends and Families of Asians with Special Needs – Central/Southwest A group for Asian families with special needs that provides seminars, information sharing, structured activities, and family events. http://www.ffasn.org/</p>	281-840-8435
<p>Houston Commission on Disabilities 12 members appointed by the mayor of Houston. For those who want to participate in the future direction of disability services in Houston this meeting is highly recommended http://www.houstontx.gov/disabilities/commission.html</p>	832-394-0814
<p>Jewish Family Services Various cultural and social programs for special needs children, employment and day services for adults with disabilities. http://www.jfshouston.org/</p>	713-667-9336
<p>March of Dimes - Central Organization whose mission is to prevent birth defects, including preventable disabilities. http://www.marchofdimes.com/texas</p>	713-623-2020
<p>Attention Deficit Association – Southern Region (ADDASR) and Lighthouse Resources (LLR) partner up to host a free monthly parent support meeting. Meetings are held 2nd Tuesday of every month at Foundry United Methodist Church www.adda-sr.org , addaoffice@PDQ.net</p>	

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Lighthouse Learning Resources – Online

Online Service store provides Educational Consulting, in-home training, and sensory products for home and community.
www.LHlearningresources.com Robin@LHlighthouseresource.com 713-560-7923

United Cerebral Palsy – Central (Now Easter Seals Disability Services)

Provides respite services and activities for children with all types of disabilities
<http://www.eastersealshouston.org/> 713-838-9050

Attention Deficit Disorder/ADHD

Attention Deficit Disorders Association – Southern Region, Multiple Support Group Sites

Information and support for people affected by ADD/ADHD. See website for current support group listings
<http://www.adda-sr.org> addaoffice@sbcglobal.net 281-897-4932

Autism/Asperger Syndrome

Therapy & Beyond (Private)

Provides intensive, individual ABA Therapy, Speech Therapy, & OT Therap. Also provides an Academy Program. Serving the Autism Community since 2006.
www.therapyandbeyond.com info@therapyandbeyond.com 1-877-909-9665

ASPIE: Asperger Syndrome Parent-Professional Information Exchange - Sugarland

Support groups for families of individuals with Asperger syndrome and for persons with Asperger syndrome. ASPIE of Houston offers in person support groups Twice a month.
www.navigatelifetexas.org <https://www.facebook.com/ASPIE-of-Houston-108798312487008/timeline>

Texana Behavior Improvement Center (formerly BTTC) – Fort Bend/Sugarland

Interventions for people with Autism, and Intellectual disability, using Applied Behavior Analysis techniques. Formerly BTTC.
www.texanacenter.com info@texanacenter.com 281-239-1300

Grand Oak Academy

Grand Oak Academy incorporates Applied Behavior Analysis (ABA) principles to ensure that children with autism, speech delays or other types of developmental disabilities are able to receive a quality education at a comfortable pace. We focus our teaching on covering the same skill sets required in a traditional classroom but in a format that works for IDD, intellectual and developmental disabilities.
www.grandoakacademy.com 281-461-6888

C.L.A.S.S. Clinic

Specializes in children, adolescents and adults with Autism Disorders. Evaluations and treatment offerings
<https://med.uth.edu/psychiatry/patient-care/adult-services/autism-spectrum-disorder/> 713-486-2500

The Coffee House- A service of the Harris Center for Mental Health and IDD - Southwest

For individuals with Asperger/Autism Disorder and limited cognitive delays. Social skills training, transitional support, prevocational training, individualized treatment plans.
 713-970-7000
<https://www.theharriscenter.org/About/News/Agency-News/ArticleId/24/the-coffeehouse-brewing-a-fresh-new-you>

RDIconnect - Bellaire

Information, training, family-based programs and curriculum for those who have an autism spectrum disorder
<http://www.rdiconnect.com> 713-838-1362

Families for Effective Autism Treatment (FEAT) - Central and other Houston area locations

Information about autism, local resources, and support groups
<http://www.feathouston.org> 281-361-3328

<p>Focus Academy Transitions programs – Woodlands, West Houston Stafford Skills training, advocacy and family consultation for autism spectrum and ADD/ADHD concerns. Specific autism transition program. http://www.focusacademyhouston.org/ 281-240-0663</p>
<p>Café Azul– Rosharon, Texas Support group for families with children with a diagnosis of Autism. The group provides support and educates, inspire and motivate relatives and professionals that work with individuals in the Autism spectrum. Please Contact: Giset King cafeazultx@gmail.com 832-247-3022</p>
<p>Houston Autism Meet up Group – Throughout the city Houston Autism Meet up group with many interesting share, training and play activities throughout the city via the web space http://www.meetup.com/autism-237/</p>
<p>Katy Autism Support Group – Katy Local Support group in Katy that meets at St. Peter's United Methodist one time per month http://www.katyautismsupport.org/Home.html https://www.facebook.com/Katy-Autism-Support-126446120715312</p>
<p>Harris Center for Mental Health and IDD (formally MHMRA) – Central/Southwest Services include those for persons with intellectual disabilities, autism, and other developmental disorders, as well as services to persons with severe mental illness. This agency oversees the HCS Medicaid waiver program. Services for qualified individuals with autism spectrum disorders includes ABA programs, SKIP program, Coffee House, day habilitation, and employment training http://www.mhmraharris.org/ 713-970-7070</p>
<p>My Autism Team (Houston web parent directory) Links to providers and a large parent networking connection via its meet up place on the web https://www.myautismteam.com/</p>
<p>Private Providers List for ABA Services in Houston FEAT's list of private individual and site-based ABA autism services in the Houston area http://feathouston.org/resources/private-providers-public-services/</p>
<p>The Shape of Behavior a division of Blue Sprig– Various locations Center-based program providing 30 hours per week of one-on-one ABA therapy to children ages 18 months and up. Six locations http://www.shapeofbehavior.com 1-833-288-4761</p>
<p>Social Motion Skills– Throughout the city Social Skills training and enrichment classes for children with autism and related developmental disabilities http://socialmotionskills.org/ info@socialmotionskills.org 713-461-7200</p>
<p>Spectrum of Hope – Northwest Treatment Center for autism, language, and other related developmental disabilities. Behavior training includes discrete trial and naturalistic techniques. They do not use a formal ABA methodology such as LOVAAS https://www.spectrumofhope.com/ 281-894-1423</p>
<p>Texas Autism Advocacy – Web presence only Source of information and resources for autism compiled by a local Houston area parent http://www.facebook.com/TexasAutismAdvocacy http://health.groups.yahoo.com/group/Texas-Autism-Advocacy/</p>
<p>Therapy and Beyond – Southwest Houston / The Woodlands Provides intensive, 1:1 ABA and speech therapy for individuals with autism and other developmental disabilities both in-home and in-clinic. Our individualized programs encourage family involvement and are designed on the principles of Applied Behavior Analysis & Skinner's Analysis of Verbal Behavior (VB) to focus on major areas of development including behavior, language, social, academic and self-help. www.therapyandbeyond.com 713-364-4654</p>
<p>Including Kids – Southwest Houston / The Woodlands Nonprofit Autism Center that provides a variety of Services for children and young adults ages 2-30 on the Autism spectrum who have all range of abilities and needs through the use of Applied Behavior Analysis (ABA). We also provide community services and trainings for people who support individuals with Autism. https://www.includingkids.org/ 281-852-0501</p>

Blind/ Vision Impaired

<p>Blind and Visually Impaired – Texas Health and Human Services Texas Health and Human Services (HHS) works with people who are blind and visually impaired to help them reach their independence goals. https://hhs.texas.gov/services/disability/blind-visually-impaired</p>	1-877-541-7905 or 2*1*1 Texas Website
<p>VisionAware VisionAware is designed around the needs of visually impaired adults and seniors. www.visionaware.org</p>	
<p>FamilyConnect FamilyConnect is for families of a visually impaired child. www.familyconnect.org</p>	
<p>CareerConnect CareerConnect has resources for visually impaired or blind job seekers. www.aphcareerconnect.org</p>	
<p>Lighthouse Learning Resources – Online Online Service store provides Educational Consulting, in-home training, and sensory products for home and community. www.LHlearningresources.com Robin@LHlighthouseresource.com</p>	713-560-7923
<p>Sight into Sound (Formerly Taping for the Blind) Non-profit organization with a mission to “Turn Sight into Sound” by enriching the lives of people with visual, physical, and learning disabilities. info@sightintosound.org</p>	713-622-2767

Cerebral Palsy

<p>Easter Seals Disability Services (formerly UCP Houston) – Various Locations Provides services for children and adults with disabilities, including therapeutic programs, social and leisure activities, and caregiver respite. http://www.eastersealshouston.org</p>	713-838-9058
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Deaf / Hearing Impairment

<p>Center for Hearing and Speech Clinic, school, classes, family support services, including a parent support group for families and children with hearing impairments http://www.centerhearingandspeech.org/</p>	713-523-3633
<p>Deaf Houston Post A newspaper for those with hearing impairments http://www.houstondeafnetwork.com/</p>	
<p>Deaf Network of Houston- Created by ECHODE Web network of links, blogs and information regarding deaf services http://www.houstondeafnetwork.com/</p>	
<p>Houston Association for Communication Disorders (HACD) Organization for Speech language pathologists, audiologists, and communication disorders students in the state of Texas. http://www.hacd.org/ info@HACD.org</p>	
<p>Sign Shares Translation, interpretation, training services to help people effectively communicate during activities and daily living https://www.facebook.com/1signshares</p>	713-869-4373

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Down Syndrome

<p>Down Syndrome Association of Houston – Various Locations Information, parent support groups, respite and other services for people affected by Down Syndrome www.dsah.org 713-682-7237</p>
<p>Friends of Down Syndrome-North Houston Education and learning opportunities for teens and adults with Down syndrome through education, socialization, and community outreach. www.friendsofdownsyndrome.com 281-272-5305</p>
<p>Families Exploring Down Syndrome - Galveston/Clear Lake Support group events and networking in the Galveston, Clear Lake, and Houston areas http://www.qclfeds.org/ admin@ghfeds.org 281-736-8008</p>

Epilepsy

<p>The Baylor Comprehensive Epilepsy Center Comprehensive evaluation for individuals with epilepsy. https://www.bcm.edu/healthcare/care-centers/epilepsy 713-798-2273</p>
<p>Houston Area Partnership for FASD Volunteer Partnership of organizations supporting FASD services. Facilitates parent support group. https://www.facebook.com/HAPFASD/timeline or contact amy.fasd@yahoo.com for parent support group information</p>
<p>March of Dimes - Central Organization whose mission is to prevent birth defects, including preventable disabilities such as FASDs. www.marchofdimes.com/texas 713-623-2020</p>

Fetal Alcohol Spectrum Disorders

<p>Houston Area Partnership for FASD Volunteer Partnership of organizations supporting FASD services. Facilitates parent support group. https://www.facebook.com/HAPFASD/timeline or contact amy.fasd@yahoo.com for parent support group information</p>
<p>March of Dimes - Central Organization whose mission is to prevent birth defects, including preventable disabilities such as FASDs. www.marchofdimes.com/texas 713-623-2020</p>

Intellectual Disability

<p>The Arc of Greater Houston Information and referral. Social, leisure and respite programs for persons with intellectual and developmental disabilities. Parent support group. Familias Hispanas --Spanish speaking parent support group. http://www.aogh.org 713-957-1600</p>
<p>Texana Behavior Improvement Center (formerly BTTC) – Southwest/Fort Bend and other locations Therapeutic interventions for people with PDD/Autism, and ID, using Applied Behavior Analysis techniques. http://www.texanacenter.com/bttc_day_treatment/base_bic.cfm?Nav=BIC 281-239-1300</p>
<p>Down Syndrome Association of Houston – Various Locations Information and support for people affected by Down Syndrome. www.dsah.org 713-682-7237</p>

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<p>Dual Diagnosis Services – Harris Center for Mental Health & Intellectual Disabilities (formerly MHMRA) Must have a developmental disability such as an autism spectrum disorder or an intellectual disability and a co-occurring mental health diagnosis. Assessment, treatment, day programs, medication monitoring (ages 18+) http://www.mhmraharris.org/IDD/iddualdxsvc.htm</p>	713-970-8340
<p>Harris Center for Mental Health and IDD (formerly MHMRA) – Various Locations Service to persons with intellectual disabilities, autism, and other developmental disorders, and services to people with severe mental illness. This agency oversees several waiver programs. www.mhmraharris.org</p>	713-970-7070
<p>Intellectual and Developmental Disabilities Needs Council of Harris County A consortium of local agencies and organizations dedicated to promoting the supports and services necessary for improving the lives of those with intellectual and related, cognitive developmental disabilities. http://www.iddnc.org/portal/</p>	713-680-8195

Language / Speech Impairment

<p>Houston Association for Communication Disorders Organization for speech and hearing disorders, conferences and outreach. http://www.hacd.org/ info@HACD.org</p>	
<p>The Parish School – West Houston Day school for children with communication and learning difficulties, who have average to above average learning potential, Ages 18 months through fifth grade. www.parishschool.org</p>	713-467-4696
<p>University Speech, Language Clinic Program: A United Way Agency (USLHC) Children and adults suspected of having communication disorders (i.e., articulation, voice, fluency, apraxia, aphasia, cognitive-communication, and verbal and written language) are seen at The University Speech and Language Hearing Clinic: A United Way Agency (USLHC) in order to evaluate their speech and language behavior. https://www.uh.edu/class/comd/slhc/speech-svcs/</p>	713-743-0915

Learning Disabilities

<p>International Dyslexia Association -The Houston Branch Information and referral, newsletter and trainings http://www.houstonida.org/</p>	832-282-7154
<p>Texas Reading Institute/Family Literacy – West Houston Extensive reading programs for students with all types of reading difficulties. Comprehensive assessments available for reading disorders. www.familyliteracy.net/</p>	713-784-7373
<p>Neuhaus Education Center - Central Provides parent information, some training and links to trained reading tutors. In depth training and certification for special education professionals in reading intervention. www.neuhaus.org</p>	713-664-7676

Mental Illness

<p>Depression and Bipolar Support Alliance of Houston – Multiple Locations Information, referral, and support groups for persons with mood disorders. www.dbsahouston.org</p>	713-600-1131
<p>Harris County Psychiatric Center Various inpatient and outpatient, mental health services as well as a useful links page on the website http://hcpc.uth.tmc.edu</p>	713-741-3883
<p>Menninger Clinic (at Baylor College of Medicine) – Medical Center Comprehensive treatment for adults and adolescents with complex mental illness, anxiety, and eating disorders http://www.menningerclinic.com/</p>	713-275-5400

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<p>Department of Psychiatry and Behavioral Sciences University of Texas psychiatric services including adult and child clinics, the C.L.A.S.S. Clinic and the Developmental Neuropsychology Clinic https://med.uth.edu/psychiatry</p>	713-486-2700
<p>Mental Health America of Greater Houston – Central Educational training concerning mental health issues; legislative advocacy. The resource guide contains many residential placement options, hospitals, and psychiatrists. www.mhahouston.org</p>	713-523-8963
<p>Harris Center for Mental Health & IDD (formally MHMRA) – Various Locations Provides service to persons with intellectual disabilities, autism, and other developmental disorders, and services to persons with severe mental illness. This agency over sees several waiver programs for children with disabilities. www.mhmraharris.org</p>	713-970-7000
<p>National Alliance on Mental Illness (NAMI) – Various Locations Information and referral, support groups, multi-week courses including <i>Visions for Tomorrow</i> http://namigreaterhouston.org/</p>	713-970-4419
<p>Nami Basics Course (and others) – Various Locations This family-to-family class provides a great deal of useful information about specific disorders, advocacy, coping, rehabilitation as well as other concerns for caregivers of children with brain disorders (disorders include mental health as well as cognitive/learning impairments). A program of National Alliance on Mental Illness. Several are offered in Houston http://namigreaterhouston.org/classes/</p>	713-970-4419

Muscular Dystrophy

<p>Muscular Dystrophy Association Support groups in the greater Houston area for individuals and their families affected by any of the 40 neuromuscular diseases. https://www.facebook.com/MDAHOUSTON & http://www.mda.org/office/houston</p>	713-522-1426
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Tourette Syndrome

<p>Tourette Syndrome Association of Texas – Multiple Locations Information, referral, and support for families affected by Tourette Syndrome. www.tourettetexas.org</p>	281-238-8096
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Adaptive/Assistive Technology (AT)

<p>Abilities.com – Houston Expo - Central National AT organization that hosts an annual summer conference in Houston for people with disabilities. http://www.abilities.com/houston/v.html</p>	310-405-1317
<p>Bridging Apps – Part of Easter Seals of Greater Houston Central Assistance using mobile devices to target skill development, huge database of mobile applications with reviews, direct AT evaluations for apps needs, free web course “Getting Started with Mobile Devices for Special Needs: Accessories and Safety”, assistive technology labs to try out equipment http://bridgingapps.org/</p>	713-838-9050 x383
<p>Region 4 Education Center – Northwest Houston Resources, Texas Assistive Technology Network leader partner which holds its annual conference at Region 4. District program evaluation of AT devices. All AT focus is on the educational needs for students receiving special education services in public schools. The summer AT conference they host is beneficial for parents and professionals http://www.esc4.net/default.aspx?name=sas.at and http://www.texasat.net/</p>	713-462-7708

Child Care

<p>Child Care Licensing (TDFPS) – Austin (Statewide) Online search tool for childcare providers by county or city, age of child, type of care requested. And other variables. Search can be limited to “special needs” only. Also provides information about childcare licensing standards and procedures in Texas. www.txchildcaresearch.org 713-940-3009</p>
<p>Collaborative for Children – West Houston Parent and community education regarding child care issues. On-line or telephone referral for child care services to meet specific family needs. Parenting classes offered. Services available in Spanish. http://www.collabforchildren.org/families/find-child-care 713-600-1234</p>

Education (See also Legal Issues)

Educational Advocacy and Law Services

<p>Disability Rights Texas: East Region (formerly Advocacy, Inc.) – Multiple Locations Provides direct advocacy services including special education for individuals with disabilities. However, they only take cases that fall within their chosen focus areas for a given year. The web site has great, downloadable publications on a variety of special education concerns. Services available in Spanish. www.disabilityrightstx.org 713-974-7691</p>
<p>Partners Resource Network Statewide network of parent training and information Centers providing individual assistance, workshops, resources, webinars and self-guided online courses. https://prntexas.org 1-800-866-4726</p>
<p>Family to Family Network Provides information and referral, education, training, and support for families of children with disabilities. http://www.familytofamilynetwork.org 713-466-6304</p>
<p>TEAM Project Non-profit agency to assist parents of children with disabilities. Provides workshops, information and referral assistance in ARD preparation. Services are available in Spanish and English. http://www.partnerstx.org/team 281-969-5944</p>
<p>The Arc of Fort Bend-Only Fort Bend Special Education guidance consultation, IEP review, ARD meeting assistance. Must live in Fort Bend County and be a current member of The Arc of Fort Bend. https://aroffortbend.org/services/educational-services 281-494-5959</p>
<p>The Arc of Gulf Coast Provides advocacy services throughout the lifetime of an individual living with an Intellectual and/or developmental disability. Help navigate laws/rules/regs, attend IEP services planning/other meetings and assist families with following up. https://arcgulfcoast.org/advocacy-services/ 281-245-3918</p>

Education Attorneys for hire

Martin Cirkiel www.cirielaw.com	512-244-6658
Law Firm of Holly Terrill http://www.terrelllawoffice.com/	281-715-0900
Filis Law Firm-Leona Filis leona@filislaw.com	713-462-1777

Education Advocates/Private Sector, Fee Based (Not Attorneys)

National ARD/IEP Advocates-Private Advocate Private Educational Advocate. Special education guidance consultation, IEP review, ARD meeting assistance. http://www.narda.org/about-us.html natinonalardadvocates@gmail.com	281-265-1506
Karen Mayer-Cunningham-Private Advocate Private Educational advocate that works with parents of children with disabilities or learning difference. Focuses on student success by assisting parents in navigating and understanding the education system and finding appropriate services and resources. www.specialeducationalboss.com	281-605-5487
Special Education Advocate - Jimmy Kilpatrick Is a group of local (based in Houston, Texas) that provides advocacy, research and organizational support to families, their children, & community. http://specialedadvocate.org/ jimmy@hipie.org	832-814-7463
Reaching Greater Heights- Central/Northwest Private Educational Advocate. Provides Special Education 504 consultation, IEP and 504 document review, ARD/IEP and 504 assistance. (Bilingual) https://www.reachinggreaterheights.com/	832-802-0512
Cynthia Singleton- Advocate Well Educational Consultant Special Ed Advocacy at ARD Meetings, Parent Mentoring, Free 30-minute consultation, online training about special Ed advocacy. www.advocate-well.com	713-331-9340

Educational Assessment and Testing (for Public School Special Education Diagnostic Requirements)

<p>Family Literacy Network for assessment of reading/literacy skills www.familyliteracy.net</p>	713-784-7373
<p>MedCare Pediatric Group Assessment for children with Autism, PDD, ADHD, ADD, cerebral Palsy, infant drug exposure, and other childhood disorders. www.medcarepediatrics.com</p>	713-773-5100
<p>DePelchin Children's Center- Multiple Locations Therapy, Psychiatry, Psychological testing, Autism services, parenting classes. https://www.depelchin.org/</p>	713-730-2335
<p>Bay Area Tutoring and Family Counseling Comprehensive diagnostic testing for children with Dyslexia, Learning disabilities, ADHD, assessments, Learning and Language Disorders,</p>	281-283-3530
<p>Center for Educational Programs-UH Clear Lake Educational Diagnostic testing is offered for ages 6-adult. Also offers one-on-one tutoring for Reading, Writing, Spelling, and Study skills. www.uhcl.edu</p>	
<p>Houston Educational Consultants Educational and Psychological testing; Developmental evaluations. Parent/child counseling and recommendation of school placement options. www.houstoneducationconsultants.com</p>	713-974-7775
<p>Neuhaus Education Center- Private Consultation about resources for testing and tutoring of Dyslexic Children and adults. Training Educators. www.neuhaus.org</p>	713-664-7676
<p>Psychology Services at Texas Children's Hospital Testing and teaching of children who have learning problems in school, includes significant parent involvement. Group therapy services for preschool and school age children. www.texaschildrens.org</p>	832-822-3700

<p>Health Partners Group - Kingwood Psychological, neuropsychological and psycho-educational testing services http://www.healthpartnersplus.com/home 281-657-6052</p>
<p>Houston Neuropsychology Group - Central and Spring Branch Neuropsychological evaluations for adults and children with traumatic brain injury. They will also provide neuropsychological evaluations for the diagnosis of learning disabilities They do not test for autism spectrum disorders, ADD/ADHD or any emotional disturbances http://www.hnpgroup.com/ 713-799-2818</p>
<p>Meyer Center for Developmental Pediatrics - Central Medically directed diagnostic services for infants, children and adolescents spanning the full spectrum of developmental-behavioral pediatrics – from intellectual disabilities and autism spectrum disorders to learning disabilities and attention deficit/hyperactivity disorder (ADHD) http://www.texaschildrens.org/Locate/Departments-and-Services/Developmental-Pediatrics/Meyer-Center-for-Developmental-Pediatrics/ 832-822-3400</p>
<p>North Houston Neuropsychology - North Psychological, neuropsychological, psycho-educational and ADHD testing http://northhoustonneuropsych.com/index.html 281-397-7792</p>
<p>Specialized Assessment and Consulting - Northwest/Cypress Psychological and psycho-educational testing. Company also provides contract staff for school districts. http://www.specializedtx.com/about/ 713-677-4732</p>
<p>University of Houston Assessment Services - Central Psychological and psycho-educational testing, personality assessment. Must leave a message and they will return the call. Sliding scale fee, no insurance accepted, ages 5 and up, no adults served http://www.uh.edu/class/psychology/clinics 713-743-8500</p>
<p>University of Texas Developmental Neuropsychology Clinic - Central Developmental and neuropsychological evaluations of children for language, learning, emotional and behavioral disorders as well as autism, ADHD and intellectual disability diagnosis http://med.uth.edu/psychiatry/patient-care/dnc/ 713-486-2591</p>

Private School Options

<p>Houston Community College Disability Support Services – Spring Branch Coordinates accommodations for students with disabilities at Houston Community College. http://central.hccs.edu/about-us/ability-services/ 713-718-6164</p>
<p>Prairie View A&M, Office of Disability Services – Prairie View Provides assistance with necessary accommodations for students with disabilities attending Prairie View A&M. http://www.pvamu.edu/sa/departments/ 936-261-3585</p>
<p>Rice Disability Support Services – Rice University Provides and facilitates support services and accommodations for all individuals with disabilities on the Rice University campus, including students, faculty, staff, and visitors. http://dss.rice.edu/Content.aspx?id=42 713-348-5841</p>
<p>San Jacinto College North Disability Support - San Jacinto College North (East Houston) Vocational opportunities and support for students with disabilities. http://www.sanjac.edu/student-services/educational-planning/educational-planning-and-advising/disability-assistance 281-998-6150</p>
<p>University of Houston Center for Students with Disabilities - Central Provides numerous academic support services to students with any type of learning disability, health impairment, physical limitation or psychiatric disorder at the University of Houston. 713-743-5400</p>

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VAST Program (Vocational Advancement & Social Skills Training) – Houston Community College

Educational opportunities for individuals who have learning, developmental, and/ or physical disabilities. Courses are offered in the following areas: Academic, Personal/Social Development, Enrichment and Computers.

<http://vast.hccs.edu/>

713-718-6833

Other Education Resources

Discover Technology

Computer information and linked laboratories for persons with mental, physical, or other disabilities.

www.discovertechnology.com

713-885-1519

Harris County Department of Education

Information about public education services in Harris County.

www.hcde-texas.org

713-694-6300

True Knights Academy

Academic Enrichment Along with Brain & Sensory Training For Students with Disabilities and their Siblings for ages 5-22

hello@trueknight.org

281-978-6056

Region IV Education Service Center (TEA)

Supports public school teachers and staff. Trainings for professionals and parents offered. Their special education library is open for use by all education professionals.

<http://www.esc4.net>

713-462-7708

Employment/ Day Habilitation (see also Transition Services)

All the Little Things Count – Multiple Locations

Day habilitation program with sheltered workshop, for HCS recipients from Brazoria, Fort Bend, Galveston, Harris, Montgomery, and Wharton counties

<http://www.allthelittlethingscount.org/>

281-581-2060

Bay Area Rehabilitation Center/Baytown Opportunity Center - Baytown Supervised work training, structured workshops and classrooms.

<http://www.bayarearehab.org/>

281-838-4477

Bethesda/Good Samaritan - Cypress 281-516-4021

Supported employment for HCS recipients

<http://bethesdalutherancommunities.org/page.aspx?pid=609>

281-516-4021

The Brookwood Community - Brookshire

A residential community of adults with disabilities providing life skills, social, and vocational training

<http://brookwoodcommunity.org>

281-375-2100

The Center (CRI) - Central

Adult activity center providing day habilitation with a sheltered workshop

<http://thecenterhouston.org/>

713-525-8400

Client Assistance Program (CAP)

If you are a person who has a disability, the Client Assistance Program (CAP) may be able to help you to reach your goals to live more independently and go to work. This is what we do. CAP helps people who are getting services, or who are trying to get services, from the Department of Assistive and Rehabilitative Services, (DARS) - Division for Rehabilitation Services (DRS) and Division for Blind Services (DBS), Independent Living Centers (ILCs) that receive federal funds, or Projects with Industry (PWI) programs

<https://www.disabilityrightstx.org/resources/employment>

800-252-9108

Gulf Coast Community Services Association – Multiple Locations

Adult literacy, GED, and ESL classes. Employment training and support services --- available in Spanish

<http://www.gulfcoastcommunityservicesassociation.org/outreachoverview.html>

713-393-4700

<p>The Harris Center for Mental Health and IDD (Formerly MHMRA) Various vocational programs for persons diagnosed with an Autism Spectrum Disorder or intellectual disabilities. Services available in Spanish www.mhmraharris.org</p>	713-970-7000
<p>H.E.A.R.T. Program Specific vocational training program for gainful employment of individuals with developmental disabilities including intellectual disabilities and autism. www.heartprogram.org</p>	713-692-4278
<p>Higginbothams Staffing Solutions – Stafford, Texas Assistance with job placement, supported employment</p>	713-927--0015
<p>Hope Village - Friendswood Residential and day programs, including a developmental work center, for individuals with intellectual and other related developmental disabilities. www.hope-village.com</p>	281-482-7926
<p>Jewish Family Services - Houston Jewish Family Services offers free assistance and employment workshops to help displaced professionals and persons with disabilities seeking jobs http://www.jfshouston.org/employment_services/</p>	713-667-9336
<p>Level Employment Services - Houston Assistance with job placement; supported employment http://levelemployment.com</p>	832-766-8481
<p>Lennar Life and Work Skills Program Continuing education program for students with intellectual disabilities, job training, computer training, interviewing skills training, etc. Lennarlifeskills.com</p>	281-874-8438
<p>Mayor's Committee for Employment of Persons w / Disabilities Provides support to job seekers with disabilities, and to employers. http://www.hmcepd.org/</p>	(website only)
<p>Mounting Horizons Inc Vocational training such as interviewing skills, resume preparation and job-seeking skills is provided to encourage employment http://mountinghorizons.org</p>	713-510-8755
<p>Reach Unlimited Vocation skills, independent living, day habilitation offered. www.reachunlimited.org</p>	281-469-8058
<p>Sean Ashley House – Southwest Houston Adult day habilitation program for HCS (Medicaid waiver) recipients with individualized life skill straining. Accepts non-HCS Recipients also www.seanashleyhouse.org</p>	713-667-6460
<p>Techs and Trainers – Southwest Houston Technology and skills training covering computer rebuilding http://www.techsandtrainers.org/</p>	713-839-7177
<p>Texana – Rosenberg Supported employment for persons with intellectual disabilities and /or mental illness http://www.texanacenter.com/base_dd.cfm?Nav=DD</p>	281-239-1300
<p>The Summerhouse Post high school education center for young adults with intellectual disabilities. Program's focus is vocational, integration, socialization without limitation</p>	832-200-6158

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VAST (Vocational Advancement and Social Skills Training) Program of HCC - Various Locations

Educational opportunities for individuals who have learning, developmental, and/or physical disabilities. Courses are offered in the following areas: Academic, Personal / Social Development, Enrichment and Computers.

<http://vast.hccs.edu/>

713-718-6833

Guardianship Information and Assistance

Brazos Bend Guardianship Services

Guardianship Information Sessions, Guardianship Assistance Program, Money management program, Corporate Guardianship Program

brazosbendguardianship.org

281-310-8700

Attorneys

Marissa Garcia (Spanish speaking)

www.marissagarcia.com

713-201-9740

Michele Goldberg

<http://lawmichelegoldberg.com/>

713-218-8800

Wright Abshire Attorneys

<http://www.wrightabshire.com/>

713-660-9595

Lisa Wilson

<http://www.hayeswilsonlaw.com/Bio/LisaWilson.asp>

832-409-0089

Non-Attorney Guardianship and Estate Planning Assistance

Steve Rhatigan/Archer Consulting

<http://archerconsulting.com/>

713-572-1717

MassMutual Greater Houston Specialcare

The MassMutual Greater Houston Specialcare planning is a Team that focuses on helping families identify and prioritize financial goals and objectives for their loved ones with special needs by implementing strategies that are designed to help leave a legacy in the more cost-effective and tax-efficient way.

<https://greaterhouston.massmutual.com/specialcare>

619-252-5230

The Arc of Texas, Master Pooled Trust

<http://www.thearcoftexas.org/trust/index.php>

1-800-252-9729

Housing and Home Modification/Accessibility

Coalition for Barrier Free Living – Southwest Houston & Angleton

Housing advice, assistance and counseling for persons with disabilities.

<http://www.hcil.cc/>

713-974-4621

<p>Gulf Coast Community Services Association – Multiple Locations The Home & Safety Security Program conducts homes inspections for elderly persons or persons with disabilities to check for safety and security concerns. Includes installation of wheelchair ramps, and basic repairs. http://www.gccsa.org/</p>	713-393-4700
<p>Private Provider Association of Texas Organization of private group home providers in Texas www.PPAT200.com</p>	512-452-8188

Legal Issues (See also Educational Advocacy & Law, Guardianship & Estate Planning)

<p>Disability Rights Texas: East Region (formerly Advocacy, Inc.) Provides direct advocacy services including employment advocacy for individuals with disabilities. However, they only take cases that fall within their chosen focus areas for a given year. The website has great, down loadable publications on a variety of special education and other legal concerns. Services available in Spanish. https://www.disabilityrightstx.org/</p>	713-974-7691
<p>Houston Volunteer Lawyers Program http://www.makejusticcehappen.org</p>	713-228-0732
<p>Lone Star Legal Aid Some guardianship and special education cases have been taken in the past. http://www.lonestarlegal.org http://www.lonestarlegal.org/Types-of-Cases.pl</p>	
<p>Dispute Resolution Center http://www.harriscountytexas.gov/drc/</p>	
<p>Houston Lawyer Referral Service http://hlrs.org/</p>	
<p>Legal Line Free phone advice on 1st & 3rd Wednesdays of each month. 5 – 9 pm http://www.hba.org/services/legalline</p>	

Medical Equipment

<p>Texas Health and Human Services Formerly DARS– Vocational services including adaptive equipment (available to some graduating school students and older) with disabilities that will need assistance in gaining employment. Applicant guide available in Spanish. https://www.twc.texas.gov En Español: https://www.twc.texas.gov/informacion-en-espanol TWC Main Number: 512-463-2222</p>	
<p>The Care Group Respiratory and Medical equipment services for Houston and surrounding areas. www.caregrp.com</p>	713-383-2100
<p>Angel Medical Supply Pediatric medical supplies; focus is on respiratory care but also provides standard medical equipment and nutritional supplies. Accepts Medicaid, CHIP, BCBS (PPO), some private insurance, No United Health Care. www.angelmedicalsupply.com</p>	713-856-9930
<p>Epic Medical Solutions Provides enteral feeding, incontinence, nutritional formulas, diabetic supplies, ostomy, wound care, tracheostomy and other medical supplies. Medicaid, Medicare, private insurance. www.epicmedicalsolutions.com</p>	713-956-5288

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Respite

Local/State Agencies and Nonprofit Organizations That Provide Respite

Note: Most of these have income requirements as well as disability related requirements. Check with each organization for specifics.

<p>The Arc of Greater Houston Chapter On-going group respite activities in the community for individuals with intellectual and other developmental disabilities. Children and adults served by differing programs. Fees for programs. Activities include: Saturday Fun Day, Adventure Club / Greater Houston Recreation, Weekend Respite, Summer day and overnight camps. www.aogh.org</p>	713-957-1600
<p>The Center for Pursuit Day and overnight respite services for people with intellectual disabilities. Day respite is available on a partial or full day basis. Overnight respite stays cannot exceed 30 days. Fee for services. https://thecenterforpursuit.org/</p>	713-525-8300
<p>The Harris Center for Mental Health and IDD (formally MHMRA) All respite services require intake completion and there is typically a fairly long waiting list. However, they provide a wide range of respite services, including in-home respite if the individual qualifies. An intellectual developmental disability and or an Autism spectrum diagnosis are required. Financial assistance if qualified. http://www.mhmaraharris.org/IDD/networkmanagement.htm</p>	713-970-7616
<p>Easter Seals of Greater Houston (formerly UCP Houston) They provide respite services for individuals with Cerebral Palsy and other disabilities. Financial assistance may be provided in some cases. Respite activities include ongoing programs as well as in-home respite services. http://www.eastersealshouston.org/Programs/respite-services.html</p>	713-838-9050
<p>Bridging Lives – Spring Branch area Residential Services, Respite and Social Group, Social Skills and Recreation summer campus, in-home training services http://www.bridging-lives.com/index.php</p>	713-298-7679

Social & Leisure

<p>Bridging Lives – Spring Branch area Respite, social and in-home training services. http://www.bridging-lives.com/index.php</p>	Bridges6055@yahoo.com	281-890-3111
<p>Children’s Museum of Houston - Houston Sensory friendly/explore ability days at the museum for children with special needs; several per season. RSVP required http://www.cmhouston.org/sensory-explore-abilities-childrens-museum</p>		
<p>Dionysus Theatre Troupe – Southwest Houston Provides a theatre experience for teens and young adults who are disabled, disadvantaged, chronically ill, or those able-bodied actors who want to help us spread our message of love, dignity and tolerance for people of all abilities. http://www.dionysustheatre.net/</p>		
<p>Dream Catcher Stables – Spring *Sliding scale.* Recreational horseback riding for persons with disabilities, including learning disabilities. www.dreamcatcherstables.org</p>		
<p>Metropolitan Multi-Service Center – Central A recreational & sports center for people of all ages with mental & physical disabilities. www.houstontx.gov/parks/adaptivesports.html</p>		
<p>Mikey’s Place Great resource for a guide with listings of camps, summer programs and other social and leisure activities around Houston http://www.mikeysplace.net/</p>		

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<p>Miracle League – Northwest Sports team opportunity at Langham Creek Family YMCA https://www.ymcahouston.org/ymca-miracle-league/ and https://www.facebook.com/miracleleaguehouston</p>
<p>Nameless Sound Music Classes – Central/Southeast Music classes for special needs students http://www.namelessound.org/ensemble.html</p>
<p>The River Performing and Visual Arts Center – Central A barrier-free, affordable arts enrichment program for children aged 2-19 with disabilities and / or chronic illness, as well as their siblings and friends https://www.tuts.com/river</p>
<p>Special Olympics – Houston Year-round sports training and athletic competition in a variety of Olympic-type sports for persons eight years of age and older with intellectual disabilities. http://www.sotx.org/about/areas/area04/</p>
<p>Texas Adaptive Aquatics – Northeast / Lake Houston *Some programs free * Water sports for persons with physical and mental disabilities. All ability levels. www.taasports.org</p>
<p>Vern Cox Multi-Purpose Center – Pasadena A recreational sports center for people of all ages with mental and physical disabilities. https://www.pasadenatx.gov/189/Adaptive-Recreation</p>

Transition

<p>Transition Workshop for Parents - Central When: 3rd Thursday of every odd month. Time: 6:30pm – 8:00pm. Location: Shriners Hospital (6th floor) - 6977 Main St. (just past intersection of Main & Holcombe). Parking: Hospital Parking is Free. Speakers to be announced. Children, Youth & Transitioning Young Adults are also welcome. Spanish Translation available http://www.coe.uh.edu/pep/families-can/</p>
<p>The Vocational Rehabilitation System in Texas The Texas Workforce Solutions Vocational Rehabilitation Program (TWC-VR) provides vocational rehabilitation (VR) services in Texas. The Vocational rehabilitation program provides services which help people who have disabilities prepare for, keep, or get a job. www.DRTx.org Intake: 1-800-252-9108 Main Line: 512-454-4816</p>

Treatment Services (Behavioral and Medical)

<p>Ask Your Nurse - (Harris County) https://www.harrishealth.org/services-hh/outreach/Pages/ask-a-nurse.aspx 713-634-1110</p>
<p>IntraCare Hospital Day treatment for dual diagnosis and emotional issues. Services for adolescents and adults. www.intracare.org 281-893-7200</p>
<p>Bay Area Rehabilitation Center Out Patient Therapeutic, Vocational, Social Skill Training and recreational Services for persons with disabilities or injuries support services for their families. The Center also seeks to advocate for and work to provide accessible and affordable housing. www.bayarearehab.org 281-838-4477</p>
<p>Texana Behavior Improvement Center Therapeutic interventions for people with Autism, and ID. www.texanacenter.com 281-239-1300</p>

<p>Brite Success –Kingwood Applied Behavior Analysis therapy, speech therapy, occupational therapy and transition services. www.britesuccess.com/ 713-370-0522</p>
<p>The Center for Hearing and Speech – Central Clinical and educational programs focusing on oral deaf education (encouraging speech production and recognition rather than sign language). www.centerhearingandspeech.org 713-523-3633</p>
<p>Connections Center/RDI Connect – Bellaire Information, training and curriculum for those who have an autism spectrum disorders and ADHD http://www.rdiconnect.com/ 713-838-1362</p>
<p>Care Connections Aging & Disability Resource Center (ADRC) Provides services for the needs of older adults with disabilities & caregivers in Harris County. www.careconnection.org 1-855-937-2372</p>
<p>MedCare Pediatric - Southwest Occupational, physical and speech therapy www.medcarepediatric.com 713-995-9292</p>
<p>Menninger Clinic (at Baylor College of Medicine) – Medical Center Comprehensive treatment for adults and adolescents with complex mental illness (co-occurring conditions), specializing in anxiety and eating disorders. http://www.menningerclinic.com/ 713-275-5400</p>
<p>The Harris Center for Mental Health and IDD (formally MHMRA) – Various Locations Provides service to persons with intellectual disabilities, autism, and other developmental disorders, and service stoppers on with severe mental illness. This agency oversees several Medicaid Waiver programs for people with developmental disabilities. www.mhmraharris.org 713-970-7000</p>
<p>Meyer Center for Developmental Pediatrics – Texas Children’s Hospital The Meyer Center provides diagnosis and individualized treatment planning for infants, children and adolescents with suspected developmental and/or learning problems. Provides written treatment plans and testing to parents and referring physicians. http://www.texaschildrens.org/departments/developmental-pediatrics 832-824-1000</p>
<p>MAXINE MESINGER MULTIPLE SCLEROSIS CLINIC – Baylor College of Medicine Comprehensive patient care, research, and referrals for persons with multiple sclerosis. Services available in Spanish. https://www.bcm.edu/healthcare/care-centers/multiple-sclerosis 713-798-2273</p>
<p>SIRE Therapeutic Horsemanship – Houston, Fort Bend, Spring *Sliding scale* Therapeutic horseback riding for persons with disabilities http://sire-htec.org 281-356-7588</p>
<p>Team Pediatric Therapy – North Occupational, speech and physical therapy, also Handwriting without Tears curriculum and program http://www.teampediatrictherapy.com 713-896-1815</p>
<p>TIRR (The Institute for Rehabilitation and Research) – Multiple Locations Interdisciplinary rehabilitation services, patient care, medical education, and research. Provides a complete continuum of care for patients needing medical rehabilitation. http://www.memorialhermann.org/locations/TIRR.html 1-800-44-REHAB</p>
<p>Winter & Associates Pediatric Rehabilitation Center – Multiple Locations A comprehensive outpatient rehabilitation facility for children, providing occupational, physical, and speech therapy. <i>Provides transportation to those who qualify.</i> Services provided in English, Spanish, Chinese, Cantonese, and Italian. www.winterpediatrictherapy.com 713-741-5800</p>

Transportation/ Accessible Transportation

<p>Metro Lift Information about the accessibility of Houston Metro system, and how to use Metro Lift services. http://www.ridemetro.org/Pages/Accessibility.aspx 713-635-4000</p>
<p>Texas Health Steps Children with Medicaid and their parent can get free rides to get to and from the doctor, Dentist, hospital, or drug store. Some Adults with Medicaid can get free rides, too. www.HHSC.state.tx.us Houston/ Beaumont area: 1-855-687-4786</p>

Other Need Support- General, not specifically disability related

Basic Needs Support

<p>Community Youth Services Resource Directory- Multiple locations A wealth of information about Houston area programs serving children and families, including basic needs support, medical, psychological, and legal resources. http://www.hc-ps.org/CYS_Resource_Directory.pdf Main Location: 713-394-4000</p>
<p>ECHOS (Epiphany Community Health Outreach Services) – Southwest Houston This program helps people without insurance gain access to existing health and social services, regardless of ability to pay or immigration status. Please call or visit website for more information. www.echos-houston.org 713-270-0369</p>
<p>Gateway to Care – Harris County Information, low-cost community healthcare services for the uninsured and underinsured in Harris County. http://www.gatewaytocare.org/ 713-783-4616</p>
<p>Harris County Health System (Gold Card referral) A Harris County Hospital District program which provides access to county hospital and health services for persons with extremely low income. Call the above number for eligibility determination (part of the Ben Taub system) https://www.harrishealth.org/en/patients/access-care/eligibility-card/pages/default.aspx 713-634-1000</p>
<p>Gulf Coast Community Services Association – Multiple Locations Basic needs assistance including food pantry, clothing, and prescription vouchers, bus tokens for employment, and employment training. http://www.qccsa.org/ 713-393-4700</p>
<p>HireAHelper HireAHelper is a platform that connects everyday people with moving services they can love and afford. HireAHelper is committed to helping families in different ways-one of them is creating guides from their experience. www.hireahelper.com 1-800-995-5003</p>

Crisis Services

In an emergency, call 911. (Call 911 for ambulance, the police, or the fire department during emergencies)

<p>Adult Protective Services Investigates abuse and neglect of adults with disabilities, including financial exploitation, neglect by caregivers, and self-neglect. http://www.txabusehotline.org/Login/Default.aspx 800-252-5400</p>
<p>Casa de Esperanza – Medical Center Area Voluntary foster care for children ages 0 – 6 who are at risk of abuse or neglect due to family crisis and / or the child's special needs. Case work services provided to the family to develop a safe, stable environment for the child's return. www.casahope.com 713-529-0639</p>

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<p>Child Protective Services Investigates the abuse and neglect of children, including medical neglect. Provides services to families in crisis. http://www.txabusehotline.org/Login/Default.aspx 800-252-5400</p>
<p>Coalition for the Homeless They have a useful resource on their website, The Help Card. This resource provides emergency shelter information, food pantry information and other basic, immediate needs information. http://www.homelesshouston.org/ 713-393-4700</p>
<p>The Bridge Provides residential emergency shelter for 100 women and children who are battered, sexually assaulted, or homeless. Permanent housing program (Destiny Village). Both programs have daycare centers. Counseling provided. Community education speakers available. Rape crisis counseling and accompaniment. Sexual abuse groups. Legal assistance. Survivors of family violence support group. Parent Education. www.thebridgeovertroublewaters.org Hotline: 713-473-2802 Admin: 713-472-0753</p>
<p>Casa Juan Diego Shelter and help for undocumented Hispanic battered women and children. Food distribution every other Tuesday. Provides assistance to pregnant undocumented women. Shelter for immigrants and refugees. Health Clinic available. Call for more information. www.cjd.org 713-869-7376</p>
<p>Daya Educational Seminars, counseling, peer support, advocacy and referral for South-Asian families. Legal Advocacy and financial support. Housing assistance, crisis intervention, and job resources. Services available in Hindi, Urdu, Punjabi, Gujarati, Tamil, Bengali, Telugu, and Farsi. www.dayahouston.org Helpline: 713-981-76-45 Offices: 713-842-7222</p>
<p>The Door (Shelter) Shelter for Battered women and their children. Counseling for sexual assault, incest, and rape. Parenting classes for persons going through a divorce. Fees for service based on a sliding scale. Bilingual counseling program for victims of domestic violence and their children. General parenting course. Anger management at Dayton location. No fees for services to crime victims. www.familytimeccc.org Helpline: 281-446-2615</p>
<p>Amos House of Faith after burns club Provides post-burn support for children affected by burn tragedy. Support groups for grades K-8. Support for any child with a burn injury, any child with family member who has a burn injury, and any child who has lost a loved one due to a burn injury. www.theamoshouse.org 831-816-5728</p>
<p>Houston Area Women's Center Provides shelter, counseling, and support services to survivors of domestic and sexual violence. Services available in Spanish. http://www.hawc.org 713-528-6798</p>
<p>WIC (Women, Infants, and Children) A free nutrition program that helps pregnant women, new mothers, and young children eat well, learn about nutrition and stay healthy. Nutrition counseling, nutritious foods, and help accessing health care. http://www.houstontx.gov/health/WIC/index.html 832-393-5427</p>

General Childhood

Child Builders

Non-profit organization advocating for children's mental health and emotional wellness. Provides parents and children with resources and life skills training to build healthy families.

www.childbuilders.org

713-481-6555

General Cultural Health Care Resources

Arab-American Cultural and Community Center – Southwest Houston

Cultural and social programs, including free health screenings. Services available in Arabic.

www.acchouston.org

832-351-3366

Community Family Center – East Houston

Various community programs including health care and counseling. Services available in Spanish.

www.communityfamilycenters.org

713-923-2316

Chinese Community Center – West Houston

Referral and support for Asian Americans and Asian Immigrants to Houston. Offers some health, educations, and caregiver support services. Services available in Chinese.

www.ccchouston.org

713-271-6100

Vietnamese Culture and Science Association – Southwest

Camps, information and referral, social and educational events, radio programming.

<http://www.vcsa.org/home>

281-933-8118

State Resources for Texas

General Information and Support

All Disabilities/All Special Needs Inclusive Services & Information

<p>Adapt of Texas Organization advocating to free people with disabilities from nursing homes and other institutions. http://adaptoftexas.org/contact-us/</p>	512-442-0252
<p>Center on Disability and Development at Texas A&M Disability services, research, resource center, Texas transition conference, Institute for person-centered practices and a great directory of community services in Texas http://cdd.tamu.edu/ disabilityresources@tamu.edu</p>	979-845-1256
<p>Coalition of Texans with Disabilities (CTD) A grass roots organization that brings together diverse disability individuals and groups, as well as related parties like service provider organizations and state agencies. http://www.txdisabilities.org/ info@txdisabilities.org</p>	512-478-3366
<p>Texas Health and Human Services- Formally (DADS) One of five Texas state agencies for social services. They serve older Texans, persons with disabilities including persons with intellectual disabilities. Services can be comprehensive such as waiver services including HCS, CLASS and Texas Home Living Waiver. See <i>State Financial Assistance Section</i>. https://hhs.texas.gov/ https://hhs.texas.gov/es</p>	800-735-2989
<p>Baker Ripley Information and Advocacy for social services. Case management services, nutrition, counseling and referrals. www.bakerripley.org</p>	713-667-9400
<p>Disability Rights Texas Advocates, protects and advances the legal and service rights of people with disabilities by providing direct advocacy services. However, they only take cases that fall within their chosen focus areas for a given year. The web site has great, downloadable publications on a variety of special education concerns. Services and some web information are available in Spanish. www.disabilityrightstx.org</p>	800-252-9108
<p>Early Childhood Intervention State agency responsible for early childhood (ages 0 -3) disability intervention Through Easter Seals of Greater Houston https://www.eastersealshouston.org/</p>	713-838-9050
<p>Texas Governor's Committee on People with Disabilities Division of the governor's office that provides disability resources including statistics, history, services and more http://www.governor.state.tx.us/disabilities/</p>	512-463-5739
<p>Texas Disability Law Summary of Texas Legislation affecting individuals with disabilities. http://governor.state.tx.us/disabilities/resources/</p>	512-463-5739

Your Texas Benefits

One of five Texas state agencies. Oversees *Medicaid, Children's Health Insurance Program, Temporary Assistance for Needy Families, food stamps and nutrition programs, family violence services, refugee services and disaster assistance*
<https://www.yourtexasbenefits.com/Learn/Home> Dial 2*1*1

Texas Information Referral (211 call line) – Dial 211 if in Texas!

Service of the state of Texas where the number 211 can be dialed via phone in Texas for disability information and referral about social, health and other services including state agencies.
www.211texas.org/cms Dial 2*1*1

Texas Parent to Parent

Supports children with disabilities, chronic illnesses and other special needs by empowering their families to be advocates for them through peer support, resource referral and public awareness.
www.txp2p.org/ 866-896-6001

Specific Types of Disability Services and Information

Autism

Texas Council on Autism and Pervasive Developmental Disabilities (website only)

Texas council, established by Texas legislation, appointed by the governor that serves and advocates for the needs of individuals with Autism Spectrum and related disorders.
<http://www.dars.state.tx.us/councils/autism/autism.shtml>

Texas Statewide Leadership for Autism Training

Online presentations, tool kits and resources for special education needs of students with autism. Texas Education Agency sponsored site in partnership with Region 13 Education Service Center
<http://www.txautism.net/> 512-919-5424

Blind and Visually Impaired

Texas Association for the Education and Rehabilitation of the Blind and Visually Impaired

The association promotes and develops education and rehabilitation resources for those in Texas with visual impairments
<http://www.txaer.org/index.html>

Texas School for the Blind and Visually Impaired

Serves as a special public school in the continuum of statewide placements for students who have a visual impairment. Students, ages 6 through 21, who are blind, deaf-blind, or visually impaired, including those with additional disabilities, are eligible for consideration for services on the TSBVI campus. It is also a statewide resource to parents of these children and the professionals who serve them, from birth through transition from school.
<http://www.tsbvi.edu/> 800-872-5273

Texas Talking Books

Free Audiotope, Braille, and large print formats for books and magazines available for loan through the Texas library system. Materials are delivered to the home at no charge. For Texans of all ages who are unable to read standard print material due to visual, physical, or reading disabilities-whether permanent or temporary.
www.tsl.state.tx.us/tbp 800-252-9605

Brain Injury

Brain Injury Association of Texas

Information, referral and advocacy for persons affected by brain injury.
<http://www.texasbia.org/> 800-392-0040

Deaf and Hearing Impairment

Deaf Network of Texas

Association for those with hearing impairments. Meetings, support and blogs.

<http://deafnetwork.com/wordpress/>

Office for Deaf and Hard of Hearing

The Department of Rehabilitative Services runs these programs and services for those with hearing impairments

<http://www.dars.state.tx.us/dhhs/>

800-628-5115

Epilepsy

Epilepsy Foundation of Central and South Texas

Working to improve the lives of the adults and children with epilepsy in Texas.

<http://www.eftx.org/>

888-548-9716

Fetal Alcohol Spectrum Disorders

Texas Fetal Alcohol Syndrome Consortium

Consortium of agencies in Texas whose goal is to increase FAS awareness. Offer meetings, conferences, and web resources.

<http://topdd.texas.gov/content/fetal-alcohol-spectrum-disorder-fasd>

Intellectual Disabilities

The Arc of Texas

Texas headquarters for The Arc, providing state and national advocacy for individuals with intellectual and other related developmental disabilities. They also publish, in conjunction with [Disability Rights Texas](#), *IDEA*, The Manual for Parents and Students about Special Education Services in Texas which can be downloaded *for free* from their website (also available in Spanish)

www.thearcoftexas.org

800-252-9729

Learning Disabilities

Learning Disabilities Association of Texas

Information and support for parents regarding special education and other disability related needs in Texas

<http://www.ldatx.org/>

Mental Illness

Mental Health America of Texas

Abroad-based citizens' movement organized to promote mental health, prevent mental illness through research and education, and improve care and treatment for persons with mental illnesses.

<http://www.mhatexas.org>

512-454-3706

NAMI (National Alliance for Mental Illness) Texas Branch

Training and support groups for families experiencing mental illness as well as consumer support groups and psycho educational classes

<http://namitexas.org>

800-633-3760

Texas Mental Health Consumer Resources

Directory of Texas mental health services from the Department of State Health Services (DSHS)
<http://www.dshs.texas.gov/mhservices/MHConsumerFamilySupports.shtm>

Texas Mental Health Services – dial 211

A program of Texas Health and Human Services that provides inpatient treatment and housing choices information and referral
<http://www.211texas.org/>

Assistive/Adaptive Technology

Texas Department of Assistive & Rehabilitative Services (DARS) – Multiple Locations

Vocational services, including when needed, adaptive technology, available to graduating school students with disabilities who will need assistance in gaining employment. Applicant guide available in Spanish.
<http://www.dars.state.tx.us/> 800-628-5115

Texas Technology Access Project

Provides information, conducts training, and works with policy makers to support individuals with disabilities in their efforts to acquire and use technology as a routine part of day-to-day living. Services available in Spanish.
<http://tatp.edb.utexas.edu/> 800-828-7839

Child Care

Texas Child Care Licensing (TDFPS) – Austin (Statewide)

Online search information regarding valid licensing for child care, revoked child care licenses and more
http://www.dfps.state.tx.us/Child_Care/Search_Texas_Child_Care/CCLNET/Source/CPA/ppSearchTXChildCare2.aspx

Texas Care Resources from Texas 211

Contains options for searching for child care for special needs children in Texas. **Can do the search online**
<https://www.211texas.org/cms/search-child-care-education-resources-in-texas>

Education

Association on Higher Education and Disability

Nonprofit organization comprised of disability service providers in higher education <http://www.ahead.org/affiliates/texas>
704-947-7779

Early Childhood Intervention (ECI)

Serves children age's birth to three who have or are at risk of developmental delays.
www.dars.state.tx.us/ecis/index.shtml 800-628-5115

Texas Education Agency - Special Education

A great source of special education laws, regulations and other educational topics under Texas Education Agency control
<http://www.tea.state.tx.us/index2.aspx?id=2147491399> 512-463-9414

Educational Advocacy and Law

Disability Rights Texas (formerly Advocacy, Inc.)

Provides direct advocacy services for individuals with disabilities. However, they only take cases that fall within their chosen Focus areas for a given year. The web site has great, downloadable publications on a variety of special education concerns. Services and many web publications are available in Spanish.
www.disabilityrightstx.org 800-252-9108

<p>The Legal Framework A project maintained by the Region 18 Texas Education Service Center- provides a guide to Texas education law as well as national education law (Individuals with Disabilities Education Act). Part of Texas Improvement Process. http://framework.esc18.net/display/Webforms/LandingPage.aspx 432-561-4332</p>
<p>Office of Civil Rights- Texas Branch (US Dept. of Education) For assistance related to civil rights in school contexts. They suggest that families e-mail or fax concerns to: E-mail: OCR.Dallas@ed.gov FAX: 214.661.9587 800-368-1019</p>
<p>Partners Resource Network Empowering Texas parents of children and youth with disabilities in their roles as parents, decision makers, and advocates for their children. www.partnerstx.org 800-866-4726</p>
<p>Texas Project First TEA sponsored/parent organization created - special education, informational website. TEA compliance project in conjunction with Region 9 Education Service Center. All info is TEA approved/sanctioned. Grants provided to Family to Family Network for website creation and upkeep. www.texasprojectfirst.org 855-773-3839</p>
<p>Texas Senate You can link to your local/ state senators to weigh in on education a legislation www.senate.state.tx.us</p>
<p>Texas House of Representatives You can link to your local/ state house representatives to weigh in on education a legislation www.house.state.tx.us</p>
<p>TEA Information Regarding Making Special Education Complaints For making complaints that concern Special Education in Texas public schools. Remember, also put complaints in writing and mail or fax them. This makes the complaint official. http://www.tea.state.tx.us/WorkArea/linkit.aspx?LinkIdentifier=id&ItemID=2147505931&libID=2147505925 800-252-9668</p>
<p>Texas Talking Books *Free* Audiotape, Braille, and large print formats for books and magazines available for loan through the Texas library system. <u>Materials are delivered to the home at no charge.</u> For Texans of all ages who are unable to read standard print material due to visual, physical, or reading disabilities-whether permanent or temporary. www.tsl.state.tx.us/tbp 800-252-9605</p>

Employment and Day Habilitation

<p>Techworks for Texas Facilitates the development of licensed PROJECT SEARCH sites for Texas. A "unique, business led, one year school-to-work program that takes place entirely at the workplace" Project SEARCH provides real-life work experience to help youth with significant disabilities make successful transitions from school to adult life http://www.projectsearch.us/Home.aspx for national site information. https://www.depts.ttu.edu/burkhardtcenter/professionals/techworks.php for Texas information 806-834-7804</p>
<p>Texas Department of Assistive and Rehabilitative Services (formally TRC) – Multiple Locations Provides vocational assessments, training, support, and assistive devices for individuals with disabilities who are seeking employment. www.dars.state.tx.us 800-628-5115</p>

Financial Assistance

Children's Health Insurance Program (CHIP)

The Texas Health and Human Services Commission oversees this program. Low cost health insurance for children who do not qualify for Medicaid and are not covered by private insurance. Family must meet income eligibility guidelines. Web site available in Spanish.

<http://chipmedicaid.com/>

Spanish <http://chipmedicaid.com/es>

877-543-7669

Children with Special Health Care Needs (CSHCN)-formally CIDC

Texas Department of State Health Services oversees this service. For children with a chronic physical or developmental condition that will last longer than 12 months. For those with intellectual disabilities and /autism/ADHD/ and mental health disabilities there must be a co-occurring, health need related to bodily tissues such as a seizure disorder, cerebral palsy or any condition that has physical manifestations. (This funding is also available to a person of any age who has Cystic Fibrosis.). The child may have Medicaid or CHIP already but the funds from the two services must have been exhausted before CSHSN use. Web site available in Spanish.

www.dshs.state.tx.us/CSHCN/

800-252-8023

Texas Department of Insurance

If your child has a disability and you are having problems with obtaining insurance then this state agency may be able to help.

<http://www.tdi.texas.gov>

800-578-4677

Waiver Programs

To Compare Texas Waiver Programs in a Chart Format:

The pdf chart compares Texas long-term services and support (LTSS) waiver programs by eligibility requirements, services and other factors.

<https://hhs.texas.gov/laws-regulations/handbooks> <https://hhs.texas.gov/hhs-services>

Community Living Assistance and Support Services (CLASS)

Texas Health & Human Services oversees this program

Provides home and community-based services as a cost-effective alternative to placement in an intermediate care facility for people with related condition disabilities that affect their ability to function in daily life (ICF-MR/RC). This program is not state wide and has a long waiting list. Eligibility: No age requirements, but the individual must have had the onset of the disability (other than mental retardation and it must affect the ability to function in daily life) before age 22. He or she must meet the ICF-MR/ RC Level of Care criteria, have a demonstrated need for habilitation, have an approved Individual Service Care Plan for waiver services and reside in the geographic jurisdiction area. Financial eligibility criteria allow for special exclusions for children with disabilities. Administered through the Department of Aging and Disability Services although financial eligibility is determined by the Texas Health and Human Services Commission. Long waiting list.

Please email any questions to: classpolicy@hhs.state.tx.us <https://hhs.texas.gov/hhs-services>

<https://hhs.texas.gov/laws-regulations/handbooks>

Dial 2*1*1

Medically Dependent Children Program (MDCP) Medicaid Waiver Program

Texas Health & human Services

Support for families caring for children who are medically dependent and to encourage de-institutionalization of children in nursing homes. This is a Medicaid home and community-based waiver program. Very long waiting list. If useful for a child, get on it ASAP. Eligibility: The child must meet the medical necessity criteria (as diagnosed by a physician) although financial eligibility is determined by the Texas Health and Human Services Commission. For home nursing care. Eligibility ends at age20. Administered through the Department of Aging and Disability Services although financial eligibility is determined by the Texas Health and Human Services Commission.

https://hhs.texas.gov/site-search?search_api_views_fulltext=waiver+MDCP

<https://hhs.texas.gov/hhs-services>

Home and Community Based Services (HCS) Medicaid Waiver Program

Texas Health & Human Services: oversees this program

Very long waiting list. Large range of comprehensive service options such as therapy, residential assistance and case management. No age limits. Cannot be rolled in another Medicaid waiver program. Expense over \$20,000 per year. Must have a determination of an intellectual disability in accordance with state law or have a diagnosis of a related condition with an IQ of 75 or below. Administered through the Department of Aging and Disability Services although financial eligibility is determined by the Texas Health and Human Services Commission. Please email questions to: hcs@dads.state.tx.us

<https://hhs.texas.gov/laws-regulations/handbooks/home-community-based-services-handbook> <https://hhs.texas.gov/hhs-services>

This guide is for informational purposes only.

None of the listings contained herein should be considered as recommendations on the part of The Arc of Greater Houston Chapter

Texas Home Living Waiver Program

Large range of comprehensive services such as therapy, residential assistance and case management up to the amount of \$20,000 per year. Must live at home with family or in independent home (no group homes). Must have a determination of an intellectual disability in accordance with state law or have a diagnosis of a related condition with an IQ of 75 or below. Cannot be enrolled in another Medicaid waiver program. No age limit. Administered through the Department of Aging and Disability Services although financial eligibility is determined by the Texas Health and Human Services Commission. Contact your local mental retardation authority (MRA) to be placed on the interest list.

<https://hhs.texas.gov/laws-regulations/handbooks/texas-home-living-txhml-program>

Dial 2*1*1

Guardianship and Estate Planning

Texas Guardianship Association

resources for Texas guardianship concerns including online training

<http://texasguardianship.org/>

888-399-9115

The Arc of Texas: Master Pooled Trust

A trust fund that is managed by The Arc of Texas to provide financial security for individuals with disabilities.

<http://www.thearcoftexas.org/trust/index.php#home>

800-252-9279

General Social and Government Issues

Center for Public Policy Priorities (CPPP)

Non-partisan research organization committed to improving public policies.

<http://www.cppp.org/>

512-320-0222

Citizen's Opinion Hotline

Callers or internet users can leave a message for the governor on matters of public interest

<http://governor.state.tx.us/contact>

800-252-9600

Texas Senate

You can link to your local/state senators from this site.

www.senate.state.tx.us

Texas House of Representatives

You can link to your local/state representatives from this site.

www.house.state.tx.us

Texas Health and Human Services Helpline

Referrals to agency services and providers in Texas

http://www.hhsc.state.tx.us/about_hhsc/contact/contact.shtm

Dial 2*1*1

Legal Issues (also see Educational Advocacy, Guardianship)

Disability Rights Texas: East Region (formerly Advocacy, Inc.)

Protects and advocates for the legal rights of persons with disabilities in Texas. Services available in Spanish.

<https://www.disabilityrightstx.org/>

800-252-9108

Texas Appleseed

Research and reports on disability concerns. Handbook for individuals with intellectual disabilities and their families to help navigate the criminal justice system. Legislative action.

www.texasappleseed.org

512-473-2800

<p>Texas Civil Rights Project A nonprofit group which educates the public about civil rights in Texas, and brings suits against state agencies to protect rights http://www.texascivilrightsproject.org 512-474-5073</p>
<p>Texas Layers Care An online directory of free or low-cost legal services available to lower income Texans. Also contains information about how to file complaints against public agencies. www.texasbar.com 800-204-2222</p>
<p>Texas Juvenile Justice Department Rehabilitation information concerning youths sentenced for committing serious criminal acts. Website contains a detailed overview of the Texas correctional system for youths. Information available in Spanish. http://www.tjjd.texas.gov/default.aspx 512-490-7130</p>

Medical Services, Equipment

<p>Project Mend Medical equipment, supplies, and other services for low-income individuals with disabilities. http://www.projectmend.org/ 888-903-6363</p>
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Social & Leisure

<p>Special Olympics - Texas Year-round sports training and athletic competition in a variety of Olympic-type sports for persons eight years of age and older with intellectual disabilities. http://www.sotx.org 800-876-5646</p>
<p>VSA Arts of Texas Creates learning opportunities through the arts for persons with disabilities and supports creative expressions by persons with disabilities. www.vsatx.org 512-454-9912</p>

Transition (see also Employment and Day Habilitation)

<p>Disability Rights Texas (website only) Employment resources including their own Client Assistance Program (various locations throughout Texas) to help individuals with disabilities access the agencies needed to help them attain gainful employment. https://www.disabilityrightstx.org/resources/employment</p>
<p>Texas Education Agency Transition Information (website only) They have a useful transition guide as well as transition training modules. http://www.transitionintexas.org/transitionintexas</p>
<p>Texas Council for Developmental Disabilities: Higher Education Resource Guide (website only) Practical transition from high school information for students with disabilities. Online links to Texas university disability services http://tcdd.texas.gov/wp-content/uploads/2014/10/2014-higher-ed-en_web.pdf</p>
<p>Texas Transition and Employment Guide (website only) The guide provides youth, young adults, parents and professionals with secondary transition resources. Also in Spanish. www.transitionintexas.org/Page/143</p>

Texas Transition Conference (website only)

Annual three-day conference that equips family members and professionals with information about students with disabilities in transition to improve outcomes for post-secondary education and better employment opportunities

<http://ttc.tamu.edu/>

Treatment (Medical & Behavioral)

Health Professions Complaint Referral System

Automated line directs caller to the correct department to initiate complaints against health professionals, including doctors, dentists, nurses, pharmacists, and other medical workers.

<http://www.tmb.state.tx.us/>

800-248-4062

Texas Network for Children (Youth for Tomorrow)

Internet database containing information on more than 500 residential treatment providers in Texas. Updated each week. Searchable by age, diagnosis, and reimbursement source.

www.yft.org

817-633-1900

National Resources

General Information & Support

(1st by all disability applicable services, 2nd by type of disability applicable service)

All Disabilities/All Special Needs Information and Services

<p>About Face Provides information and social support to individuals with facial differences, and their families. http://aboutface.ca 800-665-3223</p>
<p>American Association of People with Disabilities (AAPD) A meeting ground for all persons with disabilities to become informed and become active in advocating for disability rights and services. http://www.aapd.com/ 800-840-8844</p>
<p>American Disability Association (ADA) Promotes awareness of disability culture and works to enhance quality of life and access to freedom for persons with disabilities. www.adanet.org 205-328-9090</p>
<p>Centers for Disease Control and Prevention (CDC) Federal agency responsible for promoting good health practices and providing credible information on all health topics. Web site contains an A to Z list of health topics. Most topics available in Spanish. http://www.cdc.gov/ncbddd/disabilityandhealth/dhds.html 800-232-4636</p>
<p>Consortium for Citizens with Disabilities (CCD) Coalition of 100 national disability organizations working together to advocate for changes in public policy that promote independence, empowerment, & inclusion for persons with disabilities. www.c-c-d.org 202-783-2229</p>
<p>Disability Information and Resource Really useful information on disability issues, with a large focus on assistive technology and medical links. Interesting collection of advocacy links, too. www.makoa.org (website only)</p>
<p>Easter Seals Disability advocacy. Also provides referrals to local services for persons with disabilities. http://www.easterseals.com/ 800-221-6827</p>
<p>Kid's Quest on Disability and Health (CDC) Site for children to help them understand disabilities and learn how to interact with children who have special needs. www.cdc.gov/ncbddd/kids/ (website only)</p>
<p>National Council on Disability Excellent advocacy information as well as government reports on a variety of disability-related studies that can be downloaded for free. www.ncd.gov 202-272-2004</p>
<p>National Organization on Disability (NOD) Raises disability awareness through educational programs, with an emphasis on inclusion and participation. www.nod.org 646-505-1191</p>
<p>People with Disabilities Foundation (PWDF) Education and advocacy for persons with disabilities. www.pwdf.org/ 415-931-3070</p>

<p>TASH A community for families, individuals, service providers, and educators working to promote inclusion and opportunity for all persons with disabilities. www.tash.org</p>	202-817-3264
<p>Through the Looking Glass A dialogue between people with disabilities, parents of children with disabilities, siblings, spouses and adult children of parents with disabilities, emphasizing a life cycle approach which integrates perspectives gained from personal and family disability. Information available in Spanish. www.lookingglass.org</p>	800-644-2666

Specific Disabilities Information and Services

ADD/ADHD

<p>ADDinSchool.com (Website only) Information about a number of treatment resources and strategies for parents and teachers. www.addinschool.com</p>	
<p>Children and Adults with ADD/ADHD (CHADD) Information, referral and support. Web site available in Spanish. www.chadd.org</p>	1-866-200-8098

Autism, Asperger Syndrome, & PDD

<p>Asperger Syndrome Organization (OASIS) Website covering many aspects of Asperger Syndrome. http://www.aspergersyndrome.org/</p>	(website only)
<p>Autism Internet Modules Free internet training modules that address many areas of concern for autism such as behavior, social skills, education interventions, employment and others. Developed by the Ohio Center for Autism and Low Incidence (OCALI) http://www.autisminternetmodules.org/</p>	(website only)
<p>Autism National Committee (AUTCOM) A national "think tank" advancing the research, understanding and practice of positive, relationship- and communication- based approaches to assisting children and adults with autism. www.autcom.org</p>	(website only)
<p>Autism Now National resource and information organization, webinars, call center, newsmagazine and blog http://autismnow.org/</p>	855-828-8476
<p>Autism Research Institute (ARI) Conducts research into the causes of autism and on methods of preventing, diagnosing and treating autism and other severe behavioral disorders of childhood. www.autism.com/ari/</p>	(website only)
<p>Autism Society of America (ASA) Promotes lifelong access and opportunity for all individuals within the autism spectrum, and their families, to be fully participating, included members of their community. www.autism-society.org</p>	800-328-8476

<p>Autism Speaks Resources, research, extensive autism apps and technology listing as well as safety resources and advocacy tool kits http://www.autismspeaks.org/ 888-288-4762</p>
<p>The Cambridge Center for Behavioral Studies Nonprofit research organization. Covers research related issues for applied behavior analysis (ABA) techniques. http://www.behavior.org/ (website only)</p>
<p>Families of Adults Afflicted with Asperger Syndrome Education and support for families of adults with Asperger Syndrome. www.faaas.org 508-790-1930</p>
<p>Families for the Early Treatment of Autism (FEAT) National nonprofit with branches in many states, including Texas. www.feat.org 916-303 7405</p>
<p>Tony Attwood's site A website for parents, professionals and people with Asperger Syndrome. Mr. Attwood has developed a number of publications and products concerning Asperger Syndrome. http://www.tonyattwood.com.au</p>

Blind and Visual Impairment

<p>Assistive Media Provides *free* access to audio files of a wide variety of printed material over the internet www.assistivemedia.org (website only)</p>
<p>National Federation of the Blind Resources, products and technology, academic journals, newsletters and other vision loss information. Membership perks offered. https://nfb.org/ 410-659-9314</p>

Brain Injury

<p>Brain Injury Association of America Information, referral, and advocacy for persons with brain injury. www.biausa.org 703-761-0750</p>
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Cerebral Palsy

<p>American Academy for Cerebral Palsy and Developmental Medicine Multidisciplinary scientific society devoted to the study of cerebral palsy and other childhood on set disabilities. Contains information & referral about CP and other developmental disorders. http://www.aacpdm.org/ 414-918-3014</p>
<p>UCP (formerly United Cerebral Palsy) As one of the largest health charities in America, UCP's mission is to advance the independence, productivity and full citizenship of people with cerebral palsy and other disabilities. www.ucp.org 800-872-5827</p>

Down Syndrome

The Down Syndrome Information Network A non-line library concerning Down Syndrome and related topics. www.down-syndrome.org (website only)
Karen Gaffney Foundation Karen Gaffney, a woman with Down Syndrome, graduated from high school with a full diploma, created her own web site and foundation, and does public speaking engagements advocating for the types of supports that helped her succeed. www.karengaffneyfoundation.com 503-781-8621
Mosaic Down Syndrome on the Web Information related to Mosaic Down Syndrome, compiled by a mother who could not find information on the subject when her daughter was born. www.mosaicdownsyndrome.com (website only)
National Down Syndrome Congress Advocacy for persons with Down Syndrome and their families. www.ndsccenter.org 800-232-6372
National Down Syndrome Society Information and referral, focused on education, research, and advocacy for persons with Down Syndrome and their families. Information available in Spanish. www.ndss.org 800-221-4602

Dyslexia

National Center for Learning Disabilities Wealth of information about dyslexia and other learning disabilities http://www.nclld.org/ 888-575-7373
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Epilepsy

Epilepsy Foundation Information, referral, support, and advocacy for persons with epilepsy. http://www.epilepsy.com/ 800-332-1000

Fetal Alcohol Syndrome

The Arc of the United States Has numerous materials about fetal alcohol syndrome as well as other developmental disabilities. Type in FAS once you have reached their Website to download information or send for FAS/FAE kits and self-advocacy materials. http://www.thearc.org/what-we-do/resources/fact-sheets/fetal-alcohol-spectrum-disorder 800-433-5255
FASD Center for Excellence Many resources, webinars, screening and prevention information, courses, FASD database, previously sponsored by SAMHSA http://fasdcenter.samhsa.gov/index.aspx 888-786-7327
FAS Community Resource Center (website only) Fetal Alcohol Syndrome: support, training, advocacy, and many printed resources. Videos, posters, brochures, presentations, and workshops for prevention and intervention. Website is loaded with information and resources for parents and professionals. www.come-over.to/FASCRC (website only)

National Organization on Fetal Alcohol Syndrome

Develops and implements innovative community based and culturally appropriate prevention, intervention, education and advocacy strategies nationwide. Comprehensive information available.

www.nofas.org

800-666-6327

Fragile X Syndrome

FRAXA Research Foundation

A group founded by three parents of children with Fragile X Syndrome that supports scientific research aimed at finding a treatment and a cure.

www.fraxa.org

978-462-1866

National Fragile X Foundation

Information about Fragile X Syndrome and links to related sites. Available in Spanish.

<http://www.fragilex.org/>

800-688-8765

Intellectual Disabilities

The Arc of the United States

Good resource for learning about developmental disabilities. Great link to government officials where you can e-mail representatives with disability advocacy concerns (Action Center web page).

www.thearc.org

800-433-5255

Cambridge Center for Behavioral Studies

Nonprofit research organization. Covers research related issues for applied behavior analysis (ABA) techniques.

<http://www.behavior.org/>

(website only)

Cog Link

Helps individuals with cognitive disabilities set up and use e-mail accounts

<http://www.coglink.com/>

800-716-9695

Healthcare for Adults with Intellectual and Developmental Disabilities Toolkit

A toolkit for primary care providers who work with individuals with intellectual and related developmental disabilities including autism

<http://vkc.mc.vanderbilt.edu/etoolkit/>

(website only)

National Association for the Dually Diagnosed

Promotes treatment services for individuals who have developmental disabilities and mental health needs.

www.thenadd.org

800-331-5362

Learning Disorders

LD On Line

Huge amount of accommodation, modification, and curriculum information related to disabilities.

www.ldonline.org

(website only)

Learning Disabilities Association of America

For families, and the professionals who work with them. Their purpose is to advance the education and general welfare of children and adults with learning disabilities.

www.ldanatl.org

412-341-1515

<p>Lindamood-Bell Learning Processes Special learning/ tutoring program for children with learning disorders, including dyslexia. http://www.lindamoodbell.com/</p>	800-233-1819
<p>National Center for Learning Disabilities Information, referral, Advocacy, and research into special education and learning disorders in minority populations. https://www.ncld.org/</p>	614-237-6021
<p>NLDA-Nonverbal Learning Disorders Association (website only) Committed to facilitating education, research for children and adults who manifest disabilities associated with the syndrome of nonverbal learning disorders https://www.nlda.org/</p>	(website only)

Mental Illness

<p>Anxiety and Depression Disorders Association of America Dedicated to informing the public, healthcare professionals and legislators that anxiety disorders are real, serious and treatable. Provides information, referral, and support. www.adaa.org</p>	240-485-1001
<p>The Balanced Mind Foundation Information about early onset bi-polar disorder. www.bpkids.org</p>	312-642-0049
<p>Depression and Bipolar Support Alliance (DBSA) Working to improve the lives of persons with mood disorders. http://www.dbsalliance.org/site/PageServer?pagename=home</p>	800-826-3632
<p>Federation of Families for Children's Mental Health A network of local organizations advocating for children's mental health issues. www.fcmh.org</p>	240-403-1901
<p>HealthyPlace.com Information on various mental health disorders and disabilities. www.healthyplace.com</p>	(website only)
<p>National Alliance for the Mentally III (NAMI) Information, referral, and advocacy for persons with mental illness and their families. www.nami.org</p>	800-950-6264
<p>Mental Health America Advocacy, education, and research into issues pertaining to mental health and mental illness. www.nmha.org</p>	800-969-6642

Muscular Dystrophy

<p>Muscular Dystrophy Association A research, education, and community services organization serving persons with neuromuscular disease. Information available in Spanish. www.mdausa.org</p>	800-572-1717
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Prader-Willi Syndrome

Prader-Willi Syndrome Association (PWSA)

Information, referral and support for persons and families affected by Prader-Willi Syndrome.

www.pwsausa.org

800-926-4797

Rett Syndrome

International Rett Syndrome Association

Information, referral, support and advocacy for persons with Rett Syndrome.

www.rettsyndrome.org

800-818-7388

Rett Syndrome Research Trust

Created by six parents of children with Rett Syndrome to find treatments and a cure.

www.rsrt.org

203-445-0041

Tourette Syndrome

Tourette Syndrome Association (TSA)

Working to identify the cause of, find the cure for, and control the effects of Tourette Syndrome.

www.tsa-usa.org

718-224-2999

Tourette Syndrome Plus

Information and stories compiled by a psychologist treating persons with Tourette Syndrome, who is also the mother of two children with Tourette Syndrome.

www.tourettesyndrome.net

(website only)

Williams Syndrome

The Williams Syndrome Association

Devoted to improving the lives of individuals with Williams syndrome by supporting research into all facets of the syndrome, and developing up to date educational materials.

<https://williams-syndrome.org/>

800-806-1871

Assistive Technology

ABLEDATA

A federally funded project which provides information about assistive technology and rehabilitation equipment. Contains information on over 30,000 products.

www.abledata.com

800-227-0216

Center on Technology and Disability

Comprehensive resource for assistive technology in pre-k, k-12 and post-secondary education environments

<http://www.ctdinstitute.org/library>

202-884-8588

disAbility Information and Resource

Really useful information on disability issues, with a large focus on assistive technology and medical links. Interesting collection of advocacy links, too.

www.makoa.org

(website only)

<p>Cog Link Helps individuals with cognitive disabilities setup and use e-mail accounts http://www.coglink.com/</p>	800-716-9695
<p>JAN: Accommodations Network Resources on ADA and Accommodations by Disability https://askjan.org</p>	800-526-7234

Caregiver Support

<p>ARCH National Respite Network and Resource Center Excellent clearing house for information about respite and other caregiver issues. National database for information about individual programs. www.archrespite.org</p>	206-632-5208
<p>Caregiver.com On-line magazine providing information, support, and guidance for family caregivers. www.caregiver.com</p>	800-829-2734
<p>Caregiver Action Network Organization supporting and advocating for family caregivers. http://www.caregiveraction.org/</p>	202-772-5050
<p>Rosalynn Carter Institute for Care giving (RCI) Supports research, education, and training to promote mental health and well-being of individual, family, and professional caregivers. Good caregiver resource page for linking to supports. http://rci.gsw.edu/</p>	229-928-1234

Child Care

<p>Childcare Aware of America Information and referral for choosing childcare. http://www.naccra.org/</p>	703-341-4100
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Education

Support for Educators and Parents

<p>All Kinds of Minds Non-profit organization founded by Dr. Mel Levine for the purpose of educating parents, teachers and other professionals about learning differences, and how to approach differences in learning. www.allkindsofminds.org</p>	(website only)
<p>Center for Parent Information and Resources Great information on special education under their resource page. Stored past NICCHY information also housed at the site. http://www.parentcenterhub.org</p>	(website only)
<p>Do 2 Learn Teacher and parent material for use with children who have cognitive disabilities. Offers some free downloads. www.do2learn.com</p>	919-755-1809

<p>HEATH Resource Center A national clearing house for post-secondary education for persons with disabilities. www.heath.gwu.edu (website only)</p>
<p>National Center on Secondary Education and Transition Great site for transition and disability related information. www.ncset.org 612-624-2097</p>
<p>National Center on Educational Outcomes (NCEO) Great resource for accessing special education data (national and some state) www.nceo.info 612-626-1530</p>
<p>National Information Center on Children and Youth with Disabilities <i>*DEAD SITE NOW*</i> Stored info has been moved to the Center for Parent Information and Resources http://www.parentcenterhub.org</p>
<p>National Center on Special Education Research Good source of information on research related to effective special education. http://ies.ed.gov/ncser/ (website only)</p>
<p>Office of Special Education; US Department of Education They have links to educational resources, law information as well as updates on national level special education topics. http://www2.ed.gov/about/offices/list/osers/index.html 202-245-7459</p>
<p>PACER Center An advocacy organization based in Minnesota working to improve the quality of life for children with disabilities through parent-to-parent networking and community collaboration. www.pacer.org 888-248-0822</p>
<p>Pro Ed online Publishes quality assessment, curriculum and research tools for students with disabilities, as well as interesting professional journals and books. Based in Austin. http://www.proedinc.com/customer/default.aspx 800-897-3202</p>
<p>Speaking of Speech A place to share ideas about special education for speech and language disabilities. www.speakingofspeech.com (website only)</p>
<p>Special Education News Provides very up-to-date information on special education issues. www.specialeducationnews.com (website only)</p>

Educational Advocacy & Law

<p>CADRE (Consortium for Appropriate Dispute Resolution in Special Education) Provides technical assistance to education agencies in compliance with the mediation requirement in IDEA. Provides information to parents & other professionals about special education mediation www.directionservice.org/cadre (website only)</p>
<p>The Council of Parent Attorney and Advocates (COPAA) Great site for special education law concerns. http://www.copaa.org 844-426-7224</p>
<p>Find Law Great source for obtaining actual laws related to special education and other concerns. www.findlaw.com (website only)</p>

<p>The Individuals with Disabilities Education Improvement Act of 2004 The 2004 version of the federal special education statute (Public Law 108-446) http://www.copyright.gov/legislation/pl108-446.pdf</p>	(website only)
<p>LRP Publications Legal publications addressing detailed aspects of IDEA, focused on the minimum legal requirements of special education intended for school professionals. www.lrp.com</p>	800-341-7874
<p>Mayerson and Associates A special education advocacy site. Nice synopsis of landmark court cases. www.mayerslaw.com</p>	212-265-7200
<p>No Child Left Behind Official government site for the No Child Left Behind Act. Some information in Spanish. http://www2.ed.gov/policy/elsec/quid.states/index.html Spanish - http://www2.ed.gov/espanol/bienvenidos/es/nclb.html</p>	(website only)
<p>Office for Civil Rights (Department of Education) The national website for the Office of Civil Rights in the Department of Education. Provides contact information for complaints about schools by state. http://www2.ed.gov/about/offices/list/ocr/index.html?src=mr</p>	800-421-3481
<p>OSERS (Office of Special Education and Rehabilitative Services) Some interesting research as well as occasional updates on national level special education issues. Some information available in Spanish. http://www.ed.gov/about/offices/list/osers/osep/index.html?src=mr</p>	202-245-7468
<p>Special Education News Frequent updates on education and advocacy news. www.specialednews.com</p>	(website only)
<p>Wrights law Great site for special education law and advocacy information. A wealth of free advocacy information. www.wrightslaw.com and for their blog http://www.wrightslaw.com/blog/</p>	(website only)

Employment

<p>The Association for Persons in Supported Employment (APSE) Working to improve and expand integrated employment opportunities, services, and outcomes for persons experiencing disabilities. www.apse.org</p>	301-279-0060
<p>The Center for Education and Employment Law (formerly Oakstone Legal) Produces technical publications regarding IDEA and ADA law interpretations. Good source for finding detailed legal documents. http://www.ceelonline.com/ceel/default.asp</p>	800-365-4900
<p>Goodwill Industries International Working to eliminate barriers to opportunity for people with special needs, particularly in the area of employment www.goodwill.org</p>	(website only)
<p>National Collaborative on Workforce and Disability Technical assistance on employment of people with disabilities www.ncwd-youth.info</p>	877-871-0744

ResumeBuilder.com

<https://www.resumebuilder.com/comprehensive-resume-and-career-guide-for-people-with-disabilities/>

<p>Office of Disability Employment Policy Resources on disability and employment legislation http://www.dol.gov/odep/</p>	866-633-7365
<p>Ticket to Work New legislation gives individuals receiving disability benefits greater freedom to work and earn income without losing benefits. The program also includes employment training. https://yourtickettowork.com/web/ttw</p>	866-968-7842

Financial Needs

<p>Supplemental Social Security Income Families of children with disabilities may be able to receive a supplemental income to help offset the cost of raising a child with a disability. Eligibility is based on family income, the number of people in the family, and the severity of the disability. Some information available in Spanish. http://www.socialsecurity.gov/ssi/index.htm</p>	800-772-1213
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Housing Accessibility & Home Modification

<p>Concrete Change Supporting universal design efforts to make all homes accessible to persons with disabilities. www.concretechange.org</p>	(website only)
<p>Fair Housing and Equal Opportunity (HUD) Information about the rights of persons with disabilities in regards to housing, and how to file complaints. http://portal.hud.gov/hudportal/HUD/topics/information_for_disabled_persons</p>	202-708-1112
<p>Infinitec Information about home modification for houses and apartments. A program of UCP in Illinois http://www.infinitec.org/</p>	(website only)
<p>National Resource Center on Supportive Housing and Home Modification Working to make supportive housing and home modification a more integral component to fall communities http://qero.usc.edu/nrcshhm/index.htm</p>	213-740-1364

Legal Issues (also see Educational Advocacy & Law)

<p>The Bazelon Center for Mental Health Law National advocates for the civil rights of adults and children with mental disabilities www.bazelon.org</p>	202-467-5730
<p>FindLaw Great source for obtaining actual laws related to disability and other concerns. http://www.findlaw.com/</p>	(website only)
<p>National Guardianship Association Information, referral and advocacy for excellence in guardianship www.guardianship.org</p>	877-326-5992

Respite

ARCH National Respite Network and Resource Center

Excellent clearing house for information about respite and other caregiver issues. National and state, respite locator databases.

www.archrespite.org

206-632-5208

Self-Advocacy

Self-Advocates Becoming Empowered

Large national self-advocate organization for those with developmental disabilities. Webinars, blogs, videos and training materials

<http://www.sabeusa.org/>

Self-Advocacy Online

Good site for helping those with intellectual disabilities learn to advocate for themselves

<http://www.selfadvocacyonline.org/>

(website only)

The Arc: National Council of Self-Advocates

Free ability to join this council. For individuals who have intellectual and related disabilities and who would like to learn more about self-advocacy for independence

<http://www.thearc.org/self-advocates>

800-433-5255

Social & Leisure

Ability Online Supports

A free internet community where children and youth with disabilities or illness and their parents can meet others like them, make friends from all over the world, share their hopes and fears, find role-models and mentors, and feel like they belong

www.abilityonline.org

866-650-6207

Challenge Aspen

Year-round recreational and cultural programs for people with cognitive and physical disabilities, and their families

www.challengeaspen.com

970-923-0578

Fishing Has No Boundaries

Sponsors accessible fishing events for persons with a broad range of disabilities

www.fhnbin.org

800-243-3462

Infinitec

Extensive information about recreational accommodations for persons with disabilities. Contains sections on gardening, travel, shopping, sports, outdoor activities, transportation, & entertainment.

<http://www.infinitec.org/play>

(website only)

National Center on Physical Activity and Disability

Information about the exercise needs for individuals with disabilities, and exercise opportunities.

<http://www.nchpad.org/>

800-900-8086

Transition

Center for Parent Information: Transition Page

Introduction to various transition related concerns including law, post-secondary education, employment and needed services while in high school (information from the former NICHCY transition website)

<http://www.parentcenterhub.org/repository/transitionadult/>

(website only)

<p>National Center on Secondary Education and Transition (website only) Coordinates national resources, offers technical assistance, and disseminates information related to secondary education and transition for youth with disabilities in order to create opportunities for youth to achieve successful futures. http://www.ncset.org/default.asp (website only)</p>
<p>National Secondary Transition Technical Assistance Center Lesson plans, evidence based practices, products covering multiple aspects of transition planning for students with special needs. http://www.nsttac.org/ (website only)</p>
<p>Project Search A unique program that provides real-life work experience to help youth with significant disabilities make successful transitions from school to adult life. http://www.projectsearch.us (website only)</p>

Travel (Accessible)

<p>Accessible Travel and Hospitality Society Information regarding accessible travel needs as well as links to travel services http://sath.org/index.php 212-447-7284</p>
<p>Amtrak: Accessibility Services Information about accessibility services from Amtrak and requesting special accommodations http://www.amtrak.com/servlet/ContentServer?c=Page&pagename=am%2FLayout&cid=1241210579564 (see website)</p>
<p>Autism on the Seas Cruises for adults and families living with autism, down syndrome and related disabilities www.autismontheseas.com 800-516-5247</p>
<p>Greyhound Bus Customers with Disabilities Travel Assistance Information about accessibility services from Greyhound and requesting special accommodations http://www.greyhound.com/en/ticketsandtravel/disabledtravelers.aspx 800-752-4841</p>

Treatment Services (Behavioral and Medical)

<p>American Hippo Therapy Association Information about how horses are used to improve the results of physical, occupational, and speech therapy www.americanhippotherapyassociation.org 720-369-9303</p>
<p>American Music Therapy Association Information and referral about music therapy www.musictherapy.org 301-589-3300</p>
<p>The Cambridge Center for Behavioral Studies A nonprofit research organization. Information about issues related to applied behavior analysis (ABA) techniques www.behavior.org 978-369-2227</p>
<p>Canine Companions for Independence Provides service dogs for persons with limited mobility, hearing impairment, cognitive deficit, or emotional challenges www.caninecompanions.org 800-572-2275</p>
<p>Pet Partners A wealth of information about therapeutic human-animal interactions http://www.petpartners.org/ 425-679-5500</p>

Other Need Support- General, not specifically disability related

All Assistance: Generic General

National Hispanic Prenatal Health Line Bilingual helpline staff answers questions about prenatal care and provide referrals to culturally competent health providers by zip code. Also provides bilingual fact sheets on numerous topics. www.hispanichealth.org	866-783-2645
NeedyMeds.com Information clearing house for patient assistance programs and other programs that provide medications to low income patients who cannot afford to pay for them. www.needymeds.org	800-503-6897
National Alliance for Hispanic Health Bilingual helpline (Su Familia) staff answers questions about health topics and provide referrals to local health providers by zip code. Also provides bilingual fact sheets on various conditions www.hispanichealth.org	866-783-2645

Crisis & Disaster Preparedness

American Red Cross Information about disaster preparedness for persons with disabilities http://www.redcross.org/	800-733-2767
FEMA (Federal Emergency Management Administration) Information about disaster preparedness for persons with disabilities For disaster preparedness: https://www.fema.gov/news-release/2006/08/04/special-needs-need-special-planning-disasters Regular FEMA website https://www.fema.gov/	800-621-3362